

Cinnamon Heart Valentines

Welcome to the May Arts blog! We've got a fun, easy, and super kid friendly Valentine project for today. Even the littlest sweethearts will be able to help with this one.



These are Cinnamon Hearts. They're a great alternative to paper valentines, they smell good for months and they're easy on the budget.

You'll need just 2 ingredients for the dough, a couple of heart cookie cutters and some fun May Arts Ribbons and embellishments.

Here's the easy recipe for 20-24 hearts depending on size:

1 ½ cups cinnamon (You can find a large jar at your local warehouse club for about \$4

¼ - 1 cup unsweetened applesauce



Measure cinnamon into a medium size bowl. Add applesauce gradually until the mixture resembles Play-doh.



It will be a little sticky...that's perfect. Knead a few minutes until smooth.



Roll on Silpat liner or waxed paper about $\frac{1}{4}$ " thick. You don't want them too thin or they'll break, too thick and they won't dry. Remove the excess dough for re-rolling. Use a straw to poke holes for hanging, if desired.

Place the cut out hearts on a cookie sheet then set aside to dry. This will take 24-36 hours.

When the top looks dry, flip them over to let the bottoms dry. Don't be tempted to hurry them in the oven...they will curl.

That's it! Now it's time for the decorating! Grab your May Arts Ribbons, glue, glitter, stick-ons, whatever you have in your stash and have fun! They smell so good and would make a cute centerpiece as well.

You can find a printable download [here](#).



Thanks for joining us on the May Arts blog!

Blog Post: [Charlene Driggs](#)

May Arts Ribbon used:

[FZ – 1" Sheer Heart Edge](#)
[AX14- 7/8" Satin Heart Cutouts](#)

[337 – ¼” Satin w/Center Band](#)

[SJ – Metallic String](#)

[KB – ¼” Solid Check](#)

[419 – Mini Pom-Pom](#)

[WR – 3/8” Velvet Ric Rac](#)

[BY - Leaves](#)

[421-05 – 1/2 “ Crochet](#)

Other Supplies used

[Scor-Pal – Scor-Tape](#)

[Tombow Mono Multi](#)

[Faber Castell PITT Artist pen \(white101\)](#)

[3L Medium Dodz](#)

Stick-on gems, hearts, lips